

WHAT'S COOKING?

IT'S SIMPLY DELICIOUS!



Environments®
SIMPLY GOOD
by Chartwells

ASU Preparatory Academy Lunch and Breakfast Menu

June 2015

A full student lunch includes a choice of entrée supplying protein and grain, up to three (3) vegetable side dishes, one (1) fruit side dish, and milk. Milk choices include **A cold vegetable and fruit bar is available daily** on which we feature a variety of vegetables and fruits including locally grown when seasonally available.

Milk choices include 1% white and skim chocolate.

A full student Breakfast includes entrée supplying protein and grain, one (1) fruit side dish, and milk.

Milk choices include 1% white and skim chocolate Milk.



USDA and this institution are equal opportunity providers and employers.

Monday	Tuesday	Wednesday	Thursday	Friday
No School				
8 Chicken Nuggets w/Dinner Roll Yogurt Fun Lunch Seasoned Peas Apple WG Cereal	9 Mac & Cheese W/Roll Cobb Salad W/Bread Stick Corn Banana	10 Macho Nacho Turkey and Cheese Sandwich Oriental Vegetables Orange WG Burrito	11 Pepperoni Pizza Chef Salad W/Turkey/Cheese Dinner Roll Carrots Apple Super Donut	 IT'S SUMMER! No School
15 Turkey Corn Dog Yogurt Fun Lunch Broccoli Apple WG Cereal	16 Crispy Chicken Sandwich Cobb Salad W/Bread stick Mix Vegetables Banana WG Waffles	17 Chicken Fajita Turkey Bacon Ranch Wrap Carrots Orange Pancake on a Stick	18 Popcorn Chicken Bowl Chef Salad W/ Bread Stick Corn Apple WG Breakfast Pizza	No School
22 Beefy Cheese Burrito Yogurt Fun Lunch Carrots Apple WG Cereal	23 Hot Dog Cobb Salad W/Bread Stick Seasoned Peas Banana WG French Toast	24 Hamburger WW Bread Turkey Bacon Ranch Wrap French Fries Orange Yogurt Fun Lunch	25 Pepperoni Pizza Chef Salad W/ Bread Stick Mix Vegetables Apple WG Pancakes	No School
 SCHOOL'S OUT				

Whole Grain Rich All of our Breads, Pastas, Crusts, and Breading's are Considered Whole Grain Rich Foods by USDA definitions Brown Rice is utilized in all meals containing rice

You may qualify for free or reduced price meals. Applications are available at the school's front office. For questions regarding the food service program you can call the food service office at (602) 523-5935

The School Lunch Program is operated in accordance with U.S. Department of Agriculture policy which does not permit discrimination because of race, color, sex, age, handicap or national origin. Any person who believes that he or she has been discriminated against in any U.S.D.A. activity should write to the Secretary of Agriculture, Washington, D.C. 20250. Food Service Provided by Chartwells School Dining Services. Menu subject to change without notice. Questions? Call (602)523-5935