

WHAT'S COOKING?

IT'S SIMPLY DELICIOUS!



Environments®  
**SIMPLY GOOD**  
by Chartwells

## ASU Preparatory Academy Elementary Lunch Menu

March 2015

A full student lunch includes a choice of entrée supplying protein and grain, up to three (3) vegetable side dishes, one (1) fruit side dish, and milk. Milk choices include **A cold vegetable and fruit bar is available daily** on which we feature a variety of vegetables and fruits including locally grown when seasonally available.

Milk choices include 1% white and skim chocolate.



USDA and this institution are equal opportunity providers and employers.

Monday	Tuesday	Wednesday	Thursday	Friday
2 Chicken Nuggets w/Roll Bean and Cheese Burrito Peas <b>Granny Apple</b>	3 Turkey Hot Dog Sloppy Joe Oven Baked Fries <b>Orange Wedges</b>	4 Popcorn Chicken Bowl w/ Mashed Potatoes BBQ Riblet W/Roll Oriental vegetables <b>Grapes</b>	5 Fish Nuggets Cheeseburger Carrots Pinto Beans <b>Banana</b>	6 <b>Fresh Made</b> Pepperoni or Cheese Pizza Peas and Carrots <b>Apple</b>
9 Turkey Corndog Grilled Cheese Sandwich Fries Broccoli <b>Granny Apple</b>	10 Three Cheese Lasagna W/ Breadstick Cheeseburger Mixed Veggies <b>Orange Wedges</b>	11 Crispy Chicken Sandwich Mini Corn Dog w/ Roll Carrots <b>Grapes</b>	12 Macho Nachos Cheese Crisp W/ Salsa Pinto Beans <b>Banana</b>	13 <b>BBQ</b> Hot Dogs Hamburgers Chips Corn on the Cob <b>Apple</b>
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23 Pancakes W/Sausage & Syrup Bean & Cheese Burrito Tater Tots <b>Juice</b>	24 Orange Popcorn Chicken Bowl w/Rice Grilled Cheese Sandwich Fortune Cookie Fresh Stir Fry Veggies <b>Orange Wedges</b>	25 Pepperoni Pizza Pasta Bake W/Breadstick Crispy Chicken Sandwich Carrots <b>Grapes</b>	26 Turkey Bagel Cheese Mini Corndogs w/ Roll Corn Refried Beans <b>Banana</b>	27 <b>Fresh Made</b> Pepperoni or Cheese Pizza Mix Veggies <b>Apple</b>
30 Baked Potato w/ Broccoli and Cheese Mac & Cheese w/ Roll Carrots Apple	31 Cheese Crisp W/Salsa Hamburger Potato Twisters Fresh Stir Fry Veggies <b>Orange Wedges</b>			

Whole Grain Rich All of our Breads, Pastas, Crusts, and Breading's are Considered Whole Grain Rich Foods by USDA definitions Brown Rice is utilized in all meals containing rice



You may qualify for free or reduced price meals. Applications are available at the school's front office. For questions regarding the food service program you can call the food service office at (602) 523-5935

Monday	Tuesday	Wednesday	Thursday	Friday
Turkey and Cheese Sandwich	Cobb Salad w/Breadstick	Yogurt Fun Lunch	Chef Salad w/Turkey Ham, Turkey and Cheddar w/WG Dinner Roll	Turkey Bacon Wrap

The School Lunch Program is operated in accordance with U.S. Department of Agriculture policy which does not permit discrimination because of race, color, sex, age, handicap or national origin. Any person who believes that he or she has been discriminated against in any U.S.D.A. activity should write to the Secretary of Agriculture, Washington, D.C. 20250. Food Service Provided by Chartwells School Dining Services. Menu subject to change without notice. **Questions? Call (602)523-5935**

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## ASU Preparatory Academy Breakfast Menu

March 2015

A full student Breakfast includes entrée supplying protein and grain, one (1) fruit side dish, and milk.

**Milk choices include 1% white and skim chocolate**



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Monday	Tuesday	Wednesday	Thursday	Friday
<b>National School Breakfast Week!!!!</b>				
2 Yogurt and String Cheese or Choice of Cereal w/Graham Crackers Fresh Apples Variety of Milk	3 WG French Toast or Choice of Cereal W/ String Cheese Fresh Banana Variety of Milk	4 Breakfast Pizza or Choice of Cereal w/Graham Crackers Fresh Orange Wedges Variety of Milk	5 Blueberry Muffin & String Cheese or Choice of Cereal W/ String Cheese Fresh Bananas Variety of Milk	6 Sausage Muffin or Choice of Cereal w/Graham Crackers Fresh Pears Variety of Milk
9 Super Donut or Choice of Cereal w/Graham Crackers Fresh Apples Variety of Milk	10 Pancake & Sausage or Choice of Cereal W/ String Cheese Fresh Bananas Variety of Milk	11 Breakfast Burrito or Choice of Cereal w/Graham Crackers Fresh Orange Wedges Variety of Milk	12 Pancake On a Stick or Choice of Cereal W/ String Cheese Fresh Bananas Variety of Milk	13 Bacon Egg & Cheese Muffin or Fruit Muffin & String Cheese Fresh Pears Variety of Milk
16				20
23 Yogurt & String Cheese or Choice of Cereal w/Graham Crackers Fresh Apples Variety of Milk	24 Egg & Cheese Bagel Choice of Cereal W/ String Cheese Fresh Banana Variety of Milk	25 French Toast or Choice of Cereal w/Graham Crackers Fresh Orange Wedges Variety of Milk	26 Sausage Muffin or Choice of Cereal W/ String Cheese Fresh Bananas Variety of Milk	27 Breakfast Burrito or WG Muffin & String Cheese Fresh Pears Variety of Milk
30 WG Maple Pancakes or Choice of Cereal w/Graham Crackers Fresh Apples Variety of Milk	31 Breakfast Pizza Choice of Cereal W/ String Cheese Fresh Banana Variety of Milk			
<p>Whole Grain Rich All of our Breads, Pastas, Crusts, and Breading's are Considered Whole Grain Rich Foods by USDA definitions Brown Rice is utilized in all meals containing rice</p>		<p>You may qualify for free or reduced price meals. Applications are available at the school's front office. For questions regarding the food service program you can call the food service office at (602) 523-5935</p>		

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