

ASU Prep Academy High School March Lunch Menu



**Grab -N-Go
Entrees**

Monday

Turkey & Cheese Sandwich

Tuesday

Cobb Salad w/Breadstick

Wednesday

Yogurt Fun Lunch

Thursday

Chef Salad W/ Turkey Ham, Turkey & Cheddar w/ WG Roll

Friday

Turkey Bacon WG Wrap

2	3	4	5	6
Chicken Nuggets w/ Roll Peas	Turkey Hot Dog Oven Baked Fries	Popcorn Chicken Bowl w/Mashed Potatoes Oriental Veggies	Cheeseburger Carrots	Cheese Quesadilla w/ Salsa & Pinto Beans
9	10	11	12	13
Turkey Comdog Fries	Three Cheese Lasagna W/Breadstick Mix Veggies	Crispy Chicken Sandwich Carrots	Macho Nachos Pinto Beans	BBQ Hamburgers Hotdogs Chips Corn on the Cob
16	17	18	19	20
23	24	25	26	27
Pancakes W/Sausage & Syrup Tator Tots Juice	Orange Popcorn Chicken Bowl w/Rice Fresh Stir Fry Veggies Fortune Cookie	Pepperoni Pizza Pasta Bake Carrots	Turkey Bagel Cheese Corn	Grilled Cheese Sandwich Mix Veggies
30	31			
Baked Potato w/ Broccoli & Cheese Carrots	Hamburger Potato Wedges			



**Classic pepperoni & Sausage
Pizza served daily
On a whole grain crust**

Daily Specials

Monday: Spinach & Ricotta Pizza

Tuesday: Meat Lovers Pizza

Wednesday: Philly Cheese Steak Pizza

Thursday: Bacon Cheeseburger Pizza

Friday: Chicken Alfredo w/Broccoli Pizza

Items made with reduced fat cheese.
Roma herb seasoning available daily.

DID YOU KNOW...

Chartwells makes it easier than ever for students to make healthy food and beverage choices at school! Our menus:

- Provide many deeply colored, nutrient dense, and fiber rich fruits and vegetables
- Provide many whole grain foods, such as brown rice and whole wheat
- Provide lean meats and plant based proteins
- Reduce unhealthy fats, sodium, and sugar
- Use earth friendly practices

The School Lunch Program is operated in accordance with U.S. Department of Agriculture policy which does not permit discrimination because of race, color, sex, age, handicap or national origin. Any person who believes that he or she has been discriminated against in any U.S.D.A. activity should write to the Secretary of Agriculture, Washington, D.C. 20250. **Menu Subject to change without notice. Questions Call (602) 523-5935**

You may qualify for free or reduced price meals. Applications are available at the school's front office. For questions regarding the food service program you can call the food service office at (602) 523-5935