

# ASU Prep Academy High School April Lunch Menu



Grab -N-Go  
Entrees

**Monday**

Turkey &  
Cheese  
Sandwich

**Tuesday**

Cobb Salad  
w/Breadstick

**Wednesday**

Yogurt Fun  
Lunch

**Thursday**

Chef Salad W/  
Turkey Ham,  
Turkey &  
Cheddar w/  
WG Roll

**Friday**

Turkey Bacon  
WG Wrap

		1	2	3
	<b>Earth Day April 22</b>	Popcorn Chicken Bowl w/Mashed Potatoes  Oriental Veggies	Cheeseburger  Carrots	Cheese Quesadilla w/ Salsa  & Pinto Beans
6	7	8	9	10
Turkey Comdog  Fries	Three Cheese Lasagna W/Breadstick  Mix Veggies	Crispy Chicken Sandwich  Carrots	Macho Nachos  Pinto Beans	Pasta Baked Ziti  Carrots
13	14	15	16	17
Meatball Sub  Corn	Hot Bgel with Turkey Ham and Cheese  Peas	Chicken Nuggets W/ Roll  French Fries	Chicken Cheesy Casserole W/Rice  Peas and Carrots	<i>Sloppy Joe</i>  <i>Mix Veggies</i>
20	21	22	23	24
Bean & Cheese Burrito  <i>Baked Fries</i>	Orange Popcorn Chicken Bowl w/Rice  Fresh Stir Fry Veggies Fortune Cookie	<b>No School</b>	<b>No School</b>	<b>No School</b>
27	28	29	30	
Mach Nachos  Carrots	Hamburger on a WW Bun  Twisters	Hot Dog on a WW Bun  Corn	Chicken Nuggets W/Roll  Seasoned Peas	



**Classic pepperoni & Sausage  
Pizza served daily  
On a whole grain crust**

**Daily Specials**

**Monday: Spinach & Ricotta Pizza**

**Tuesday: Meat Lovers Pizza**

**Wednesday: Philly Cheese Steak Pizza**

**Thursday: Bacon Cheeseburger Pizza**

**Friday: Chicken Alfredo w/Broccoli Pizza**

Items made with reduced fat cheese.  
Roma herb seasoning available daily.

**DID YOU KNOW...**

**Chartwells makes it easier than ever for students to make healthy food and beverage choices at school! Our menus:**

- Provide many deeply colored, nutrient dense, and fiber rich fruits and vegetables
- Provide many whole grain foods, such as brown rice and whole wheat
- Provide lean meats and plant based proteins
- Reduce unhealthy fats, sodium, and sugar
- Use earth friendly practices

The School Lunch Program is operated in accordance with U.S. Department of Agriculture policy which does not permit discrimination because of race, color, sex, age, handicap or national origin. Any person who believes that he or she has been discriminated against in any U.S.D.A. activity should write to the Secretary of Agriculture, Washington, D.C. 20250. **Menu Subject to change without notice. Questions Call (602) 523-5935**

**You may qualify for free or reduced price meals. Applications are available at the school's front office. For questions regarding the food service program you can call the food service office at (602) 523-5935**