

WHAT'S COOKING?

IT'S SIMPLY DELICIOUS!



Environments®
SIMPLY GOOD
by Chartwells

ASU Preparatory Academy Elementary Lunch Menu

April 2015

A full student lunch includes a choice of entrée supplying protein and grain, up to three (3) vegetable side dishes, one (1) fruit side dish, and milk. Milk choices include **A cold vegetable and fruit bar is available daily** on which we feature a variety of vegetables and fruits including locally grown when seasonally available.

Milk choices include 1% white and skim chocolate Milk.



Earth Day April 22

USDA and this institution are equal opportunity providers and employers.

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Popcorn Chicken Bowl w/ Mashed Potatoes BBQ Riblet on a WG Oriental vegetables Grapes	2 Fish Nuggets Hamburger on a WG bun Carrots Banana	3 Fresh Made Pepperoni or Cheese Pizza Peas and Carrots Apple
6 Turkey Corndog Grilled Cheese Sandwich Broccoli Granny Apple	7 Three Cheese Lasagna W/ Breadstick Cheeseburger on a WG Bun Mixed Veggies Orange Wedges	8 Crispy Chicken Sandwich Mini Corn Dog w/ Roll Carrots Grapes	9 Macho Nachos Cheese Crisp W/ Salsa Pinto Beans Banana	10 Fresh Made Pepperoni or Cheese Pizza Peas Apple
13 Meatball Sub Chicken Fajitas Corn Granny Apple	14 Baked Ziti Pasta Turkey ham & Cheese WGBagel Peas Orange Wedges	15 Chicken Nuggets W/Dinner roll Sweet and Soure Chicken W/Rice Mix Veggies Grapes	16 Chicken Cheesy Casserole W/Rice Crispy Chicken Sandwich Peas and Carrots Banana	17 Fresh Made Pepperoni or Cheese Pizza Carrots Apple
20 Cheeseburger on a WG Bun Bean & Cheese Burrito Baked Fries Granny Apple	21 Orange Popcorn Chicken Bowl w/Rice Grilled Cheese Sandwich Fresh Stir Fry Veggies Orange Wedges	22 No School	23 No School	24 No School
27 Macho Nachos Cheese Crisp W/ Salsa Refried Beans Granny Apple	28 Mini Corn Dogs Hamburger Seasoned Twisters Orange Wedges	29 Hot Dog on a WG Sloppy Joe on a WG Bun Corn Grapes	30 Chicken Nuggets w/Dinner Roll Bean and cheese Burrito Seasoned Peas Banana	

Whole Grain Rich All of our Breads, Pastas, Crusts, and Breading's are Considered Whole Grain Rich Foods by USDA definitions Brown Rice is utilized in all meals containing rice



You may qualify for free or reduced price meals. Applications are available at the school's front office. For questions regarding the food service program you can call the food service office at (602) 523-5935

Monday	Tuesday	Wednesday	Thursday	Friday
Turkey and Cheese Sandwich	Cobb Salad w/Breadstick	Yogurt Fun Lunch	Chef Salad w/Turkey Ham, Turkey and Cheddar w/WG Dinner Roll	Turkey Bacon Wrap

The School Lunch Program is operated in accordance with U.S. Department of Agriculture policy which does not permit discrimination because of race, color, sex, age, handicap or national origin. Any person who believes that he or she has been discriminated against in any U.S.D.A. activity should write to the Secretary of Agriculture, Washington, D.C. 20250. Food Service Provided by Chartwells School Dining Services. Menu subject to change without notice. Questions? Call (602)523-5935

WHAT'S COOKING?

IT'S SIMPLY DELICIOUS!



ASU Preparatory Academy Breakfast Menu

April 2015


A full student Breakfast includes entrée supplying protein and grain, one (1) fruit side dish, and milk.

Milk choices include 1% white and skim chocolate Milk.



Earth Day April 22

USDA and this institution are equal opportunity providers and employers.

Monday	Tuesday	Wednesday	Thursday	Friday
		1 WG Bagel & Cream Cheese or Choice of Cereal w/Graham Crackers Fresh Orange Wedges Variety of Milk	2 Blueberry Muffin & String Cheese or Choice of Cereal W/ String Cheese Fresh Bananas Variety of Milk	3 Sausage Muffin or Choice of Cereal w/Graham Crackers Fresh Pears Variety of Milk
6 Super Donut or Choice of Cereal w/Graham Crackers Fresh Apples Variety of Milk	7 Pancake & Sausage or Choice of Cereal W/ String Cheese Fresh Bananas Variety of Milk	8 Breakfast Burrito or Choice of Cereal w/Graham Crackers Fresh Orange Wedges Variety of Milk	9 Pancake On a Stick or Choice of Cereal W/ String Cheese Fresh Bananas Variety of Milk	10 Bacon Egg & Cheese Muffin or Fruit Muffin & String Cheese Fresh Pears Variety of Milk
13 Yogurt and String Cheese or Choice of Cereal w/Graham Crackers Fresh Apples Variety of Milk	14 WG French Toast or Choice of Cereal W/ String Cheese Fresh Banana Variety of Milk	15 Breakfast Pizza or Choice of Cereal w/Graham Crackers Fresh Orange Wedges Variety of Milk	16 Blueberry Muffin & String Cheese or Choice of Cereal W/ String Cheese Fresh Bananas Variety of Milk	17 Sausage Muffin or Choice of Cereal w/Graham Crackers Fresh Pears Variety of Milk
20 WG Maple Pancakes or Choice of Cereal w/Graham Crackers Fresh Apples Variety of Milk	21 Egg & Cheese Bagel Choice of Cereal W/ String Cheese Fresh Banana Variety of Milk	22 No School	23 No School	24 No School
27 Yogurt and String Cheese or Choice of Cereal w/Graham Crackers Fresh Apples Variety of Milk	28 Breakfast Pizza Choice of Cereal W/ String Cheese Fresh Banana Variety of Milk	29 WG French Toast or Choice of Cereal W/ String Cheese Fresh Banana Variety of Milk	30 Blueberry Muffin & String Cheese or Choice of Cereal W/ String Cheese Fresh Bananas Variety of Milk	
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