

ASU Preparatory Academy Elementary Lunch Menu

A full student lunch includes a choice of entrée supplying protein and grain, up to three (3) vegetable side dishes, one (1) fruit side dish, and milk. Milk choices include **A cold vegetable and fruit bar is available daily** on which we feature a variety of vegetables and fruits including locally grown when seasonally available.

Milk choices include 1% white and skim chocolate Milk.

Earth Day April 22



April 2015



Loi	th Day April 2	LISDA and this ins	titution are equal opportunit	v providers and employers
Monday	Tuesday	Wednesday	Thursday	Friday
		1 Popcorn Chicken Bowl w/ Mashed Potatoes	2 Fish Nuggets	3 Fresh Made
7		BBQ Riblet on a WG	Hamburger on a WG bun	Pepperoni or Cheese Pizza
		Oriental vegetables Grapes	Carrots Banana	Peas and Carrots <i>Apple</i>
6 Turkey Corndog	7 Three Cheese Lasagna W/ Breadstick	8 Crispy Chicken Sandwich	9 Macho Nachos	10 Fresh Made
Grilled Cheese Sandwich	Cheeseburger on a WG Bun	Mini Corn Dog w/ Roll	Cheese Crisp W/ Salsa	Pepperoni or Cheese Pizza
Broccoli Granny Apple	Mixed Veggies Orange Wedges	Carrots Grapes	Pinto Beans Banana	Peas Apple
13	14	· · · · · · · · · · · · · · · · · · ·	16	17
Meatball Sub	Baked Ziti Pasta	Chicken Nuggets W/Dinner roll	Chicken Cheesy Casserole W/Rice	Fresh Made
Chicken Fajitas	Turkey ham & Cheese WGBagel	Sweet and Soure Chicken W/Rice	Crispy Chicken Sandwich	Pepperoni or Cheese Pizza
Corn Granny Apple	Peas Orange Wedges	Mix Veggies Grapes	Peas and Carrots Banana	Carrots Apple
20	21 Oran na Dana and Ohiakan	22	23	24
Cheeseburger on a WG Bun	Orange Popcorn Chicken Bowl w/Rice	No School	No School	No School
Bean & Cheese Burrito	Grilled Cheese Sandwich			
Baked Fries Granny Apple	Fresh Stir Fry Veggies Orange Wedges			
27	28		30	
Macho Nachos Cheese Crisp W/ Salsa	Mini Corn Dogs Hamburger	Hot Dog on a WG Sloppy Joe on a WG Bun	Chicken Nuggets w/Dinner Roll Bean and cheese Burrito	
Refried Beans Granny Apple	Seasoned Twisters Orange Wedges	Corn Grapes	Seasoned Peas Banana	
Whole Grain Rich All of our Breads, Pastas, Crusts, and Breading's are Considered Whole Grain Rich Foods by USDA definitions Brown Rice is utilized in all meals containing rice		Outtakes	Applications are avai office. For questions program you can call	ree or reduced price meals. lable at the school's front regarding the food service the food service office at) 523-5935
Monday	Tuesday	Wednesday	Thursday	Friday
Turkey and Cheese Sandwich	Cobb Salad w/Breadstick	Yogurt Fun Lunch	Chef Salad w/Turkey Ham, Turkey and Cheddar w/WG Dinner Roll	Turkey Bacon Wrap

The School Lunch Program is operated in accordance with U.S. Department of Agriculture policy which does not permit discrimination because of race, color, sex, age, handicap or national origin. Any person who believes that he or she has been discriminated against in any U.S.D.A. activity should write to the Secretary of Agriculture, Washington, D.C. 20250. Food Service Provided by Chartwells School Dining Services. Menu subject to change without notice. Questions? Call (602)523-5935



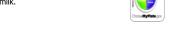




April 2015

ASU Preparatory Academy Breakfast Menu

A full student Breakfast includes entrée supplying protein and grain, one (1) fruit side dish, and milk. Milk choices include 1% white and skim chocolate Milk.







Earth D	Day April 22	USDA and this institution are equal opportunity providers and employers.		
Monday	Tuesday	Wednesday	Thursday	Friday
		1 WG Bagel & Cream Cheese	2 Blueberry Muffin & String Cheese	Sausage Muffin
		or Choice of Cereal w/Graham Crackers Fresh Orange Wedges Variety of Milk	or Choice of Cereal W/ String Cheese Fresh Bananas Variety of Milk	or Choice of Cereal w/Grahar Crackers Fresh Pears Variety of Milk
6 Super Donut or Choice of Cereal w/Graham Crackers	7 Pancake & Sausage or Choice of Cereal W/ String Cheese	8 Breakfast Burrito or Choice of Cereal w/Graham Crackers	9 Pancake On a Stick or Choice of Cereal W/ String Cheese	1 Bacon Egg & Cheese Muffi or Fruit Muffin & String Cheese
Fresh Apples Variety of Milk	Fresh Bananas Variety of Milk	Fresh Orange Wedges Variety of Milk	Fresh Bananas Variety of Milk	Fresh Pears Variety of Milk
13 Yogurt and String Cheese	14 WG French Toast	15 Breakfast Pizza	16 Blueberry Muffin & String Cheese	1 Sausage Muffin
or Choice of Cereal w/Graham Crackers Fresh Apples	or Choice of Cereal W/ String Cheese Fresh Banana	or Choice of Cereal w/Graham Crackers Fresh Orange Wedges	or Choice of Cereal W/ String Cheese Fresh Bananas	or Choice of Cereal w/Grahar Crackers Fresh Pears
Variety of Milk 20	Variety of Milk 21	Variety of Milk 22	Variety of Milk 23	Variety of Milk
WG Maple Pancakes or	Egg & Cheese Bagel	No School	No School	No School
	Choice of Cereal W/ String Cheese			
Fresh Apples Variety of Milk	Fresh Banana Variety of Milk			
27 Yogurt and String Cheese or	28 Breakfast Pizza	29 WG French Toast or	30 Blueberry Muffin & String Cheese or	
Choice of Cereal w/Graham Crackers	Choice of Cereal W/ String Cheese	Choice of Cereal W/ String Cheese Fresh Banana	Choice of Cereal W/ String Cheese Fresh Bananas	
Fresh Apples Variety of Milk	Fresh Banana Variety of Milk	Variety of Milk	Variety of Milk	
Breads, Pa Breading's Whole Gra		You may qualify for free or reduced price meals. Applications are available at the school's front office. For questions regarding the food service program you can call the food service office at (602) 523-5935		

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